

Substance Use Evaluation

NAME:	John Doe	SSN:	XXX-XX-XXXX
ADDRESS:		GENDER:	Male
CITY/ST/ZIP/:	Lincoln, Nebraska, 68501	DATE OF EVAL:	11/11/2020
COUNTRY:	United States (+1)	BIRTHDATE:	
PHONE:	402-xxx-xxx	AGE:	40
ORGANIZATION:	Parallels	EVALUATOR	

Demographic Information

Mr. John Doe is a 40-year-old White male who was born on @. John reported that his marital status is in a committed relationship and he is satisfied with his current marital status. He was born in Lincoln, NE and raised predominately in Elmwood, NE. John reported that he has lived at the address listed above for one year. John has identified his religious preference is none.

Presenting Problem/Primary Complaint

Mr. John Doe first was referred to have this assessment on 10/26/2020. He is receiving this evaluation primarily due to "He is trying to keep a felony off his record and concedes that he needs help to maintain his sobriety.". John says "Tired of losing everything that he has worked for, when he gets a little ahead drug use interferes." was his motivation to schedule this evaluation. @ of Lancaster Co Drug and Alcohol Court referred John for this assessment. He stated that he has not been in a controlled environment any of the past thirty days.

Medical History

Mr. John Doe reported that his general state of health is fair. John reports no significant pre-natal, birth or developmental problems. He reports having a history of serious injuries,

illnesses, physical disabilities or handicapping conditions as follows: Broke ankle when 15 bum knee and shoulder. John reports he has been hospitalized two times. He stated the last time hospitalized was in 07/2017 for Appendix burst. He reports having no current medical conditions that interfere or impact his life. He is not taking any prescribed medication for a medical (not psychiatric) problem. John said he receives no financial compensation or disability payments for a physical disability. John reports that he has fathered no children. He reports that he has been tested for HIV/AIDS and then did receive the results and was last tested in 2019. John stated that his primary care physician/family doctor is none at this time. The date of his most recent medical exam was in 2015.

John has not experienced any medical problems during the past thirty days. John reported he has been not at all worried or bothered about physical health in the past thirty days. He sees no need for physical health consultation or treatment.

School/Work/Military History

Mr. John Doe reported that he has completed his less than 12 years of schooling for the following reason: Figured he could make more money working than going to school. He attended @ High School. He was not in any special education program. After high school he attended no further training. John identified Pool Builder and Hood Cleaner, Construction worker as his professional skills and/or trade. For most of the past three years, 18 months or more, he has been employed full time. In his lifetime his longest full-time employment has been seven years at @ with a job title/position of Ranger. John 's estimated gross income for the past calendar year was \$25,000.00. He identified his current employment status as employed full time at @ with a job title/position of Pool Builder. He is paid \$15.00 per hour and he has been paid for working nine days in the past 30 days.

John reports the following as additional support: Girlfriend. This support does not constitute the majority of his monthly financial support. No one else relies on him for support. John does have a valid driver's license at this time and does have an automobile available to use. He has never been a member of the Armed Services.

John reports that he has not experienced any days of school or job-related problems in the past 30 days. John has been slightly worried or bothered about school or employment problems in the past thirty days due to need to get a winter job. He sees no need for school, career or employment counseling.

Alcohol/Drug History

Mr. John Doe stated that he has tried alcohol, tobacco or illegal drugs. When asked to rank order the substances ever used John listed those as follows:

Rank	Substance
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- #1 Cannabis products, including K2
- #2 Meth or other Amphetamines
- #3 Hallucinogens /LSD/mushrooms, etc.

Crack

Crank

Ecstasy

Alcohol

Inhalants

Cocaine

Opiates: Hydrocodone/ Oxycontin/ Morphine/other

Sedative/ Hypnotic/Anxiolytics

Tobacco

Regarding the primary drug of choice John provided the following information:

Note: Lifetime use is defined as once a month or more often for most of a year.

Cannabis products, including K2:

First used	Last used	# of days in the past 30 days	Lifetime use in years	Route used	Sexual risk factor
15	November 5, 2020	26	25	smoking	yes

He started using cannabis at age 15. He would smoke on the weekends a couple joints a day. This increased to daily at age 16, where he would smoke every day 3 joints/bowls a day. When he was 18 it increased to consistent use where he was stoned all day. When he moved out of stat three years ago, he did not smoke for about a year.

Regarding the second drug of choice John provided the following information:

Note: Lifetime use is defined as once a month or more often for most of a year.

Meth or other Amphetamines

First used	Last used	# of days in the past 30 days	Lifetime use in years	Route used	Sexual risk factor
25	Nov 5th, 2020	1	14	smoking	yes

He reported that he started using meth at age 25, he would smoke a bowl three times a day for a half gram a day. This increased over time as his tolerance increased around 1.5 to 2 grams a day. When he moved to Missouri in 2017 he was abstinent for about a year. Since July he has been trying to stay away from it but reported that he inadvertently used a pipe with Meth residue.

Regarding the third drug of choice John provided the following information:

Note: Lifetime use is defined as once a month or more often for most of a year.

Hallucinogens/LSD/mushrooms, etc.

First used	Last used	# of days in the past 30 days	Lifetime use in years	Route used	Sexual risk factor
16	38	0	1	oral	yes

He reports that his usage was mostly recreational with the exception of using LSD every other day when he was 18 years old.

Regarding other substances used John provided the following information:

Note: Lifetime use is defined as once a month or more often for most of a year.

Crack

First used	Last used	# of days in the past 30 days	Lifetime use in years	Route used	Sexual risk factor
19	19	0	0	smoking	no

He reports that he tried it at age 19 he did not like the cravings and urges it produced so he only tried it about 12 times. He has not used since he was 19.

Note: Lifetime use is defined as once a month or more often for most of a year.

Crank

First used	Last used	# of days in the past 30 days	Lifetime use in years	Route used	Sexual risk factor
16	25	0	5	smoking	yes

He reported that he started to use it at age 16, he would use it a half dozen times. He reports daily use from 18 to 25. He reports that he would use three times a day and would smoke a bowl at a time.

Note: Lifetime use is defined as once a month or more often for most of a year.

Ecstasy

First used	Last used	# of days in the past 30 days	Lifetime use in years	Route used	Sexual risk factor
28	30	0	0	oral	yes

He reports that he has only used it a couple times between the ages of 25 and 30.

Note: Lifetime use is defined as once a month or more often for most of a year.

Alcohol:

First used	Last used	# of days in the past 30 days	Lifetime use in years	Route used	Sexual risk factor
10	Last Thursday	5	20	oral	yes

John reports that he has drunk 3 or more drinks in one sitting.

First used	Last used	# of days in the past 30 days	Lifetime use in years
15	6 months to a year ago	0	5

At 10 years old he snuck a beer from his parents, when he was 15 or 16 he did not drink until he was 25. He will usually socially drink where he drinks one or two when he is out with friends.

Note: Lifetime use is defined as once a month or more often for most of a year.

Inhalants

First used	Last used	# of days in the past 30 days	Lifetime use in years	Route used	Sexual risk factor
16	35	0	1	nasal	no

When he was 16 he would use a lot of whippits. He reported that he would use twice a week for 6 months. Since then it has been sporadic, like once every other year with a long time in between up to 5 years at times.

Note: Lifetime use is defined as once a month or more often for most of a year.

Cocaine

First used	Last used	# of days in the past 30 days	Lifetime use in years	Route used	Sexual risk factor
18	2015	0	2	nasal	yes

He started using cocaine when he was 18. He would use it socially at parties and do a line at a time. At age 27 it increased to an 8 ball every week for two years. After that he only used it a couple of times socially.

Note: Lifetime use is defined as once a month or more often for most of a year.

Opiates: Hydrocodone/Oxycontin/Morphine/other

First used	Last used	# of days in the past 30 days	Lifetime use in years	Route used	Sexual risk factor
18	25	0	0	oral	no

He reports that he has tried Opiates about 20 times. He does not like taking pills and states that he used them recreationally.

Note: Lifetime use is defined as once a month or more often for most of a year.

Sedative/Hypnotic/Anxiolytics

First used	Last used	# of days in the past 30 days	Lifetime use in years	Route used	Sexual risk factor
18	10 years ago	0	0	oral	no

He reported using valium when he was 18. He reports that he would use them sporadically over the years like 23 times over the years.

Note: Lifetime use is defined as once a month or more often for most of a year.

Tobacco

First used	Last used	# of days in the past 30 days	Lifetime use in years	Route used	Sexual risk factor
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12	Still Currently using	30	28	smoking	yes
He currently uses daily about a pack a day.					

John reported that he has experienced withdrawal from a substance and explains Meth and tobacco. Withdrawal from Meth would feel that he had no energy and would be moody.. He says that he is currently abstinent from the primary drug of choice. John reports that the last period of abstinence was one year and the last period of abstinence ended November 5th, 2020 ago. John reports spending \$125.00 on alcohol in the past 30 days and \$400.00 on drugs in the past 30 days. He reports never overdosing on any drugs or alcohol. He reports having used a needle IV to administer drugs and the last time a needle was used was One time when he was 16.. John reports never having had treatment for substance abuse. He says that he has not attended AA/NA/SMART or any other support groups in the past 30 days.

John reports that he has had no days of alcohol-related problems in the past 30 days. He indicated that he is not at all worried or bothered by alcohol problems in the past 30 days. Additionally, he indicated the need for counseling or treatment for alcohol problems as no need.

John reports that he has experienced one day of drug-related problems in the past 30 days. He indicated that he is moderately worried or bothered by drug problems in the past 30 days. The reason for this is "He is moderately worried he is going to mess up and lose his chance at drug court.". Additionally, he indicated the need for counseling or treatment for drug problems as slight need.

Legal History

Mr. John Doe has been charged with the following offenses in his lifetime:

Offense	Charges	Convictions	Substances involved
Assault	1	0	no
Contempt of Court	6	0	no
Drug Charges	20	19	yes
Major Driving Violation, including any moving violations(s)	3	3	yes
Weapons offense	1	1	no

John was incarcerated for 2 in his lifetime. John was incarcerated for 2 days the most recent time. He was incarcerated for a charge of Possession charge. He is currently awaiting charges, trial or sentencing for a charge of Possession of a Controlled substance. . John has not been incarcerated any of the past 30 days. Also, John reported that he has not engaged in any illegal activities for profit in the past 30 days.

John has been slightly worried or bothered about legal problems in the past thirty days explaining "Involvement with Drug Court" as his reason for worry and sees no need for additional legal assistance.

Family History

Mr. John Doe is the son of Jack Doe and Alice Doe. He said his parents do not remain together as a couple and divorced when he was Split up when he was 14 and got divorced 15 years ago years old. John has two full and/or half-sisters. He reports being married to no one. John is currently in a significant relationship with Dawn @. They have been in this relationship for 1.5 years and he reports being satisfied with this relationship. John reported having no children. He said his usual living arrangement for the past three years has been "Living with significant other". He said that he does not live with anyone who has a current alcohol problem or who uses illegal drugs or abuses prescription drugs. John reported having one close / best friend. This friend does not have an alcohol problem or use drugs. He said that most of his free time he spends "with girlfriend". John reports that in the past 30 days there has been zero days of conflict with someone in the family and zero days of conflict with anyone others than family.

John reports having a close reciprocal relationship with the following people in the past 30 days:

Period	Father	Mother	Siblings	Significant other	Child/Children	Friends
Past 30 days	no	no	no	yes	n/a	yes
In lifetime	yes	yes	no	yes	n/a	yes

John reports having a serious problem getting along with the following people:

Period	Father	Mother	Siblings	Significant other	Other Family	Child/Children	Friends	Neighbors	Co-Workers
Past 30 days	no	no	no	no	no	n/a	no	no	no
In lifetime	yes	yes	no	yes	no	n/a	yes	no	no

John reports he has not experienced emotional, physical, or sexual abuse in his lifetime.

John reports on his father's side of the family the following people have had the identified problem with alcohol, drugs, or mental health as follows:

Grandfather	Grandmother	Father	Uncles	Aunts
None	None	Alcohol	None	None

John reports on his mother's side of the family the following people have had the identified problem with alcohol, drugs, or mental health as follows:

Grandfather	Grandmother	Mother	Uncles	Aunts
Alcohol	None	Alcohol	Alcohol, Drug	Alcohol

Any sibling: Alcohol

In the past thirty days John has been not at all worried or bothered about family or social-related problems. He sees no need for counseling for family or social-related problems.

Behavioral Health History

Mr. John Doe said he has been treated for psychological or mental health problems in a hospital, residential, or inpatient treatment setting one time. The most recent hospitalization was "Once when he was 15 when his parents split up". He has received outpatient mental health counseling never. He has been prescribed the following medications for a mental health problem: Zoloft when he was a kid. John reported being diagnosed with Depression when he was a kid.

John said he does not receive disability payments for a mental health problem.

In the past 30 days John reports experiencing the following symptoms:

- serious anxiety,
- trouble concentrating, understanding or remembering things (ADHD).

In John 's lifetime he reports experiencing the following symptoms:

- serious anxiety,
- serious depression,
- attempted suicide,
- serious thoughts of suicide,
- serious loss of temper, rage, or violence,
- trouble concentrating, understanding or remembering things (ADHD).

In the past thirty days John has been not at all worried or bothered about psychological or mental health problems and he sees no need for treatment for psychological or mental health problems.

ASAM Criteria

1-Acute Intoxication and/or Withdrawal Potential	0: Non-issue or very low-risk issue.
2-Biomedical Conditions and Complications	0: Non-issue or very low-risk issue.
3-Emotional, Behavioral, or Cognitive Conditions and Complications	1: Mildly difficult issue or present minor signs and symptoms.
4-Readiness to Change	2: Moderate difficulty in functioning.
5-Relapse, Continued Use, or Continued Problem Potential	2: Moderate difficulty in functioning.
6-Recovery/Living Environment	1: Mildly difficult issue or present minor signs and symptoms.

Diagnostic Impressions

Primary Diagnosis

F15.20	Severe Methamphetamine use disorder
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Additional Diagnosis

F12.20	Moderate Cannabis use disorder
Z65.3	Problems related to other legal circumstances

Summary and Rationale

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schedule this evaluation. Lancaster Co Drug and Alcohol Court of Andrea McClathy referred John for this assessment.

Recommendations

Counselor name

Date: 11/11/2020

SAMPLE